règlement art. 5.9.3: pointage anticipé autorisé au FNT
regulations art. 5.9.3: early check-in allowed at FNT

MAXI TARGET TIMES
NAVIGATION TEST
NT 5.1

H4	H3	H2	H1	H2t	H1t
1h15	*1h26*	*1h37*	*1h48*	*1h37*	*1h48*

WAYPOINTS TO VALIDATE
NAVIGATION TEST
NT 5.1

BOX	PK	TYPE
11	33,49	SNT
12	36,00	WP A
13	36,37	WP A
14	36,64	WP A
15	37,05	WP A
16	39,05	WP A
17	39,26	WP A
18	39,79	WP A
19	40,38	WP A
20	41,46	WP A
21	42,16	WP A
22	43,38	WP A
23	44,47	WP A
24	45,43	WP A
25	46,78	WP A

BOX	PK	TYPE
26	47,45	WP A
27	48,26	WP A
28	48,77	WP A
29	49,92	WP A
30	50,87	WP A
31	51,44	WP A
32	53,13	WP A
33	53,59	WP A
34	54,28	WP A
35	55,34	WP A
36	55,58	WP A
37	57,39	WP A
38	58,04	WP A
39	59,24	WP A
40	59,71	WP A
41	60,50	WP A
42	60,73	WP A
43	61,97	WP A
44	63,04	WP A
45	64,15	WP A
46	65,33	WP A
47	65,99	WP A
48	66,22	WP A
49	66,78	WP A
50	67,44	WP A
51	67,76	WP A
52	68,97	WP A
53	69,58	WP A
54	70,77	WP A

BOX	PK	TYPE
55	71,06	WP A
56	71,63	WP A
57	71,90	WP A
58	72,80	WP A
59	74,06	WP A
60	74,48	WP A
61	74,84	WP A
62	75,30	WP A
63	75,74	WP A
64	76,57	WP A
65	78,07	WP A
66	80,04	WP A
67	80,84	WP A
68	81,90	WP A
69	82,77	WP A
70	83,26	WP A
71	83,70	WP A
72	84,57	FNT



STAGE 5
RT 5.2

KM TOTAL	AVERAGE SPEED H1	IDEAL TIME H1	AVERAGE SPEED H2	IDEAL TIME H2	AVERAGE SPEED H3	IDEAL TIME H3	AVERAGE SPEED H4	IDEAL TIME H4
86,84	50	0:00:00	60	0:00:00	65	0:00:00	65	0:00:00
88,69	30	0:02:13	35	0:01:51	35	0:01:42	40	0:01:42
90,09	35	0:05:01	40	0:04:15	40	0:04:06	45	0:03:48
90,29	50	0:05:21	55	0:04:33	60	0:04:24	60	0:04:04
93,13	35	0:08:46	40	0:07:38	40	0:07:14	45	0:06:54
94,59	55	0:11:16	65	0:09:50	70	0:09:26	80	0:08:51
96,88	40	0:13:46	45	0:11:57	50	0:11:24	55	0:10:34
97,39	55	0:14:32	65	0:12:37	70	0:12:00	80	0:11:08
99,27	50	0:16:35	60	0:14:22	65	0:13:37	70	0:12:32
100,41	50	0:17:57	60	0:15:30	65	0:14:40	70	0:13:31
102,29	55	0:20:12	65	0:17:23	70	0:16:24	80	0:15:08
103,32	60	0:21:20	70	0:18:20	75	0:17:17	85	0:15:54
106,80	55	0:24:48	65	0:21:19	70	0:20:04	80	0:18:21
108,07	40	0:26:12	45	0:22:29	50	0:21:10	55	0:19:18
108,51	30	0:26:51	35	0:23:04	40	0:21:41	40	0:19:47
108,72	45	0:27:16	50	0:23:26	55	0:22:00	60	0:20:06
109,65	50	0:28:31	55	0:24:33	60	0:23:01	60	0:21:02
110,88	35	0:29:59	40	0:25:53	40	0:24:15	45	0:22:16
111,75	25	0:31:29	30	0:27:12	30	0:25:33	35	0:23:25
111,95	50	0:31:58	55	0:27:36	60	0:25:57	60	0:23:46
112,21	45	0:32:16	50	0:27:53	55	0:26:13	55	0:24:01
112,45	50	0:32:36	55	0:28:10	60	0:26:28	60	0:24:17
113,33	50	0:33:39	55	0:29:08	60	0:27:21	60	0:25:10
114,09	45	0:34:34	50	0:29:57	55	0:28:07	60	0:25:56
116,36	50	0:37:35	60	0:32:41	65	0:30:35	70	0:28:12
118,53	25	0:40:11	30	0:34:51	30	0:32:36	30	0:30:03
119,00	30	0:41:19	35	0:35:47	35	0:33:32	35	0:31:00
119,42	30	0:42:10	35	0:36:31	35	0:34:15	35	0:31:43
119,76	50	0:42:50	60	0:37:06	65	0:34:50	70	0:32:18
120,49	70	0:43:43	80	0:37:49	90	0:35:31	95	0:32:55
122,00	60	0:45:01	70	0:38:57	75	0:36:31	85	0:33:53
122,96	50	0:45:58	55	0:39:47	60	0:37:17	60	0:34:33
124,26	45	0:47:32	50	0:41:12	55	0:38:35	55	0:35:51
124,83	35	0:48:17	40	0:41:53	40	0:39:12	45	0:36:29
125,40	50	0:49:16	55	0:42:44	60	0:40:04	65	0:37:14
125,78	75	0:49:43	85	0:43:09	95	0:40:26	100	0:37:35
128,19	75	0:51:39	85	0:44:51	95	0:41:58	100	0:39:02
129,62	75	0:52:48	85	0:45:52	95	0:42:52	100	0:39:54
133,63	75	0:56:00	85	0:48:41	95	0:45:24	100	0:42:18
134,84	60	0:56:58	70	0:49:33	75	0:46:10	85	0:43:01
137,14	70	0:59:16	80	0:51:31	90	0:48:00	95	0:44:39
138,68	70	1:00:35	80	0:52:40	90	0:49:02	95	0:45:37
140,49	55	1:02:08	65	0:54:02	70	0:50:14	80	0:46:46
140,86	75	1:02:33	85	0:54:22	95	0:50:33	100	0:47:02
143,08	75	1:04:19	85	0:55:56	95	0:51:57	100	0:48:22
144,46	75	1:05:26	85	0:56:55	95	0:52:50	100	0:49:12
145,42		1:06:12		0:57:35		0:53:26		0:49:47

Competitors should note that fractions of a second are hidden (example: 1'23.2" => 1'23" / example: 1'23.7" => 1'23")

STAGE 5
RT 5.3

KM TOTAL	AVERAGE SPEED H1	IDEAL TIME H1	AVERAGE SPEED H2	IDEAL TIME H2	AVERAGE SPEED H3	IDEAL TIME H3	AVERAGE SPEED H4	IDEAL TIME H4
179,29	50	0:00:00	60	0:00:00	65	0:00:00	65	0:00:00
180,20	35	0:01:05	40	0:00:54	40	0:00:50	45	0:00:50
180,52	35	0:01:38	40	0:01:23	40	0:01:19	45	0:01:16
180,99	45	0:02:26	50	0:02:05	55	0:02:01	55	0:01:53
181,23	40	0:02:45	45	0:02:22	45	0:02:17	50	0:02:09
182,00	40	0:03:55	45	0:03:24	45	0:03:18	50	0:03:04
182,75	50	0:05:02	60	0:04:24	65	0:04:18	70	0:03:58
184,54	50	0:07:11	55	0:06:11	60	0:05:57	65	0:05:30
187,71	50	0:10:59	55	0:09:39	60	0:09:08	65	0:08:26
188,36	50	0:11:46	55	0:10:22	60	0:09:47	65	0:09:02
188,88	50	0:12:24	55	0:10:56	60	0:10:18	65	0:09:31
191,44	50	0:15:28	60	0:13:43	65	0:12:51	70	0:11:52
191,91	50	0:16:02	60	0:14:11	65	0:13:17	70	0:12:17
194,96	60	0:19:41	70	0:17:14	75	0:16:06	85	0:14:53
196,69	60	0:21:25	70	0:18:43	75	0:17:29	85	0:16:07
198,75	60	0:23:29	70	0:20:29	75	0:19:08	85	0:17:34
200,93	60	0:25:40	70	0:22:21	75	0:20:53	85	0:19:06
202,14		0:26:52		0:23:24		0:21:51		0:19:58

Competitors should note that fractions of a second are hidden (example: 1'23.2" => 1'23" / example: 1'23.7" => 1'23")

STAGE 5
RT 5.4

KM TOTAL	AVERAGE SPEED H1	IDEAL TIME H1	AVERAGE SPEED H2	IDEAL TIME H2	AVERAGE SPEED H3	IDEAL TIME H3	AVERAGE SPEED H4	IDEAL TIME H4
225,73	35	0:00:00	40	0:00:00	40	0:00:00	45	0:00:00
226,99	40	0:02:09	45	0:01:53	45	0:01:53	50	0:01:40
227,40	70	0:02:46	80	0:02:26	90	0:02:26	105	0:02:10
228,50	30	0:03:43	35	0:03:15	35	0:03:10	40	0:02:48
228,81	45	0:04:20	50	0:03:47	55	0:03:42	55	0:03:15
231,22	50	0:07:33	60	0:06:41	65	0:06:19	70	0:05:53
232,53	80	0:09:07	90	0:07:59	100	0:07:32	110	0:07:01
234,11	50	0:10:18	60	0:09:02	65	0:08:29	70	0:07:52
235,70	25	0:12:12	30	0:10:38	30	0:09:57	30	0:09:14
235,88	55	0:12:38	65	0:10:59	70	0:10:18	80	0:09:36
236,82	35	0:13:40	40	0:11:51	45	0:11:07	50	0:10:18
237,02	55	0:14:00	65	0:12:09	70	0:11:23	80	0:10:32
237,24	55	0:14:15	65	0:12:22	70	0:11:34	80	0:10:42
237,97	25	0:15:03	30	0:13:02	30	0:12:12	30	0:11:15
238,16	30	0:15:30	35	0:13:25	35	0:12:34	40	0:11:38
239,18	25	0:17:32	30	0:15:10	30	0:14:19	30	0:13:10
239,66	40	0:18:42	45	0:16:07	45	0:15:17	50	0:14:07
240,42	45	0:19:50	50	0:17:08	55	0:16:18	55	0:15:02
241,70	50	0:21:32	60	0:18:40	65	0:17:42	65	0:16:26
243,17	35	0:23:18	40	0:20:09	40	0:19:03	40	0:17:47
243,59	45	0:24:01	50	0:20:46	55	0:19:41	55	0:18:25
244,15	50	0:24:46	60	0:21:27	65	0:20:17	70	0:19:02
245,50	60	0:26:23	70	0:22:48	75	0:21:32	85	0:20:11
248,39	50	0:29:17	60	0:25:16	65	0:23:51	70	0:22:13
249,40	50	0:30:30	60	0:26:17	65	0:24:47	70	0:23:05
250,95	45	0:32:21	50	0:27:50	55	0:26:13	60	0:24:25
251,27	45	0:32:47	50	0:28:13	55	0:26:34	60	0:24:44
251,95		0:33:41		0:29:02		0:27:18		0:25:25



STAGE 5
RT 5.5

KM TOTAL	AVERAGE SPEED H1	IDEAL TIME H1	AVERAGE SPEED H2	IDEAL TIME H2	AVERAGE SPEED H3	IDEAL TIME H3	AVERAGE SPEED H4	IDEAL TIME H4
307,76	70	0:00:00	80	0:00:00	90	0:00:00	105	0:00:00
309,82	65	0:01:45	75	0:01:32	85	0:01:22	100	0:01:10
311,41	75	0:03:14	85	0:02:49	100	0:02:29	110	0:02:07
312,68	80	0:04:14	90	0:03:42	105	0:03:15	115	0:02:49
313,93	60	0:05:11	70	0:04:32	80	0:03:58	90	0:03:28
314,84	75	0:06:05	85	0:05:19	100	0:04:39	110	0:04:04
316,78	50	0:07:38	60	0:06:41	70	0:05:49	80	0:05:08
317,23	55	0:08:11	65	0:07:08	75	0:06:12	85	0:05:28
318,09	65	0:09:07	75	0:07:56	85	0:06:53	100	0:06:05
318,67	60	0:09:39	70	0:08:24	80	0:07:18	90	0:06:26
319,41	60	0:10:24	70	0:09:02	80	0:07:51	90	0:06:55
320,94	65	0:11:55	75	0:10:20	85	0:09:00	100	0:07:56
322,80	65	0:13:38	75	0:11:50	85	0:10:19	100	0:09:03
324,02	45	0:14:46	50	0:12:48	60	0:11:10	65	0:09:47
324,27	40	0:15:06	45	0:13:06	50	0:11:25	60	0:10:01
324,68	60	0:15:43	70	0:13:39	75	0:11:55	85	0:10:26
325,25	45	0:16:17	50	0:14:08	55	0:12:22	60	0:10:50
325,55	50	0:16:41	60	0:14:30	65	0:12:42	70	0:11:08
326,19	50	0:17:27	55	0:15:08	60	0:13:17	65	0:11:41
328,17	50	0:19:50	60	0:17:18	65	0:15:16	70	0:13:30
329,54	55	0:21:28	65	0:18:40	70	0:16:32	80	0:14:41
330,71	50	0:22:45	55	0:19:45	60	0:17:32	65	0:15:33
331,20	40	0:23:20	45	0:20:17	50	0:18:01	55	0:16:01
331,93	55	0:24:26	65	0:21:16	70	0:18:54	80	0:16:48
332,28	65	0:24:49	75	0:21:35	85	0:19:12	90	0:17:04
332,86	60	0:25:21	70	0:22:03	75	0:19:37	85	0:17:27
333,63	50	0:26:07	60	0:22:42	65	0:20:13	70	0:18:00
334,57	40	0:27:15	45	0:23:39	50	0:21:06	55	0:18:48
334,75	50	0:27:31	60	0:23:53	65	0:21:19	70	0:19:00
335,98	55	0:29:00	65	0:25:07	70	0:22:27	80	0:20:03
337,13	55	0:30:15	65	0:26:11	70	0:23:26	80	0:20:55
337,74	60	0:30:55	70	0:26:44	75	0:23:57	85	0:21:23
338,65	50	0:31:49	55	0:27:31	60	0:24:41	65	0:22:01
339,51	50	0:32:51	60	0:28:28	65	0:25:32	70	0:22:49
339,84	50	0:33:15	60	0:28:47	65	0:25:51	70	0:23:06
342,13	45	0:36:00	50	0:31:05	55	0:27:58	60	0:25:03
342,46	55	0:36:26	65	0:31:28	70	0:28:19	80	0:25:23
344,63	50	0:38:48	60	0:33:29	65	0:30:11	70	0:27:01
345,38	35	0:39:42	40	0:34:14	40	0:30:52	45	0:27:39
345,72	60	0:40:17	70	0:34:44	75	0:31:23	75	0:28:07
347,76	50	0:42:20	60	0:36:29	65	0:33:01	65	0:29:45
348,25	40	0:42:55	45	0:36:59	45	0:33:28	50	0:30:12
348,44	40	0:43:12	45	0:37:14	45	0:33:43	50	0:30:25
349,21	40	0:44:21	45	0:38:15	45	0:34:45	50	0:31:21
349,65	25	0:45:01	30	0:38:51	30	0:35:20	30	0:31:53
350,19	30	0:46:19	35	0:39:55	35	0:36:25	40	0:32:57
350,52	35	0:46:58	40	0:40:29	40	0:36:59	45	0:33:27
350,81	50	0:47:28	55	0:40:55	60	0:37:25	60	0:33:50
352,26	40	0:49:13	45	0:42:30	45	0:38:52	50	0:35:17
353,00	35	0:50:19	40	0:43:30	40	0:39:51	45	0:36:11
353,24	50	0:50:44	55	0:43:51	60	0:40:13	60	0:36:30
353,67	35	0:51:15	40	0:44:19	40	0:40:38	45	0:36:56
353,93	25	0:51:42	30	0:44:43	30	0:41:02	35	0:37:16
354,13	60	0:52:10	70	0:45:07	75	0:41:26	85	0:37:37
355,34	70	0:53:23	80	0:46:09	90	0:42:24	95	0:38:28
355,71	55	0:53:42	65	0:46:26	70	0:42:39	80	0:38:42

Competitors should note that fractions of a second are hidden (example: 1'23.2" => 1'23" / example: 1'23.7" => 1'23")



STAGE 5
RT 5.5

KM TOTAL	AVERAGE SPEED H1	IDEAL TIME H1	AVERAGE SPEED H2	IDEAL TIME H2	AVERAGE SPEED H3	IDEAL TIME H3	AVERAGE SPEED H4	IDEAL TIME H4
357,62	60	0:55:47	70	0:48:11	75	0:44:17	85	0:40:08
358,08	50	0:56:15	60	0:48:35	65	0:44:39	70	0:40:28
358,35	55	0:56:34	65	0:48:51	70	0:44:54	80	0:40:41
359,57	40	0:57:54	45	0:49:59	50	0:45:57	55	0:41:36
360,15	50	0:58:46	60	0:50:45	65	0:46:38	70	0:42:14
360,82	50	0:59:34	60	0:51:25	65	0:47:16	65	0:42:49
361,24	50	1:00:05	60	0:51:51	65	0:47:39	65	0:43:12
361,49	50	1:00:23	60	0:52:06	65	0:47:53	65	0:43:26
362,77	45	1:01:55	50	0:53:22	55	0:49:04	55	0:44:37
363,20	50	1:02:29	60	0:53:53	65	0:49:32	65	0:45:05
363,83	50	1:03:15	60	0:54:31	65	0:50:07	65	0:45:40
364,84	50	1:04:27	60	0:55:32	65	0:51:03	65	0:46:36
366,91	50	1:06:56	60	0:57:36	65	0:52:57	65	0:48:30
368,82	50	1:09:14	60	0:59:31	65	0:54:43	65	0:50:16
369,14	50	1:09:37	55	0:59:50	60	0:55:01	60	0:50:34
370,07	40	1:10:44	45	1:00:51	45	0:55:56	50	0:51:30
370,48	40	1:11:21	45	1:01:23	45	0:56:29	50	0:51:59
371,01	35	1:12:08	40	1:02:06	40	0:57:12	45	0:52:37
371,26	50	1:12:34	60	1:02:28	65	0:57:34	65	0:52:57
371,87	55	1:13:18	65	1:03:05	70	0:58:08	70	0:53:31
372,55	25	1:14:03	30	1:03:43	30	0:58:43	35	0:54:06
373,25	35	1:15:43	40	1:05:07	40	1:00:07	45	0:55:18
373,93	50	1:16:53	55	1:06:08	60	1:01:08	60	0:56:13
375,15	45	1:18:21	50	1:07:28	55	1:02:21	55	0:57:26
376,98	30	1:20:48	35	1:09:39	35	1:04:21	40	0:59:26
377,14	25	1:21:07	25	1:09:56	25	1:04:38	25	0:59:40
377,41	55	1:21:46	65	1:10:35	70	1:05:16	70	1:00:19
378,80	55	1:23:17	65	1:11:52	70	1:06:28	80	1:01:30
379,21	60	1:23:44	70	1:12:14	75	1:06:49	85	1:01:49
380,18	50	1:24:42	60	1:13:04	65	1:07:36	70	1:02:30
380,44	55	1:25:00	65	1:13:20	70	1:07:50	80	1:02:43
381,30	55	1:25:57	65	1:14:08	70	1:08:34	80	1:03:22
383,07	55	1:27:53	65	1:15:46	70	1:10:05	80	1:04:42
385,03	45	1:30:01	50	1:17:34	55	1:11:46	60	1:06:10
385,44	65	1:30:34	75	1:18:04	85	1:12:13	90	1:06:34
387,21	60	1:32:12	70	1:19:29	75	1:13:28	85	1:07:45
387,58	60	1:32:34	70	1:19:48	75	1:13:46	85	1:08:01
389,12	60	1:34:06	70	1:21:07	75	1:15:00	85	1:09:06
391,04	50	1:36:02	60	1:22:46	65	1:16:32	70	1:10:27
391,41	50	1:36:28	60	1:23:08	65	1:16:52	70	1:10:46
392,67	50	1:37:59	60	1:24:23	65	1:18:02	70	1:11:51
393,18	50	1:38:36	60	1:24:54	65	1:18:30	70	1:12:17
394,45	50	1:40:07	60	1:26:10	65	1:19:41	70	1:13:23
395,18	60	1:41:00	70	1:26:54	75	1:20:21	85	1:14:00
396,39	60	1:42:12	70	1:27:56	75	1:21:19	85	1:14:52
396,67	50	1:42:29	55	1:28:11	60	1:21:32	65	1:15:03
397,90	60	1:43:58	70	1:29:31	75	1:22:46	85	1:16:12
399,90	60	1:45:58	70	1:31:14	75	1:24:22	85	1:17:36
402,42	50	1:48:29	55	1:33:24	60	1:26:23	65	1:19:23
402,89	55	1:49:03	65	1:33:54	70	1:26:51	80	1:19:49
405,47	60	1:51:51	70	1:36:17	75	1:29:04	85	1:21:45
405,95	70	1:52:20	80	1:36:42	90	1:29:27	105	1:22:05
408,05	65	1:54:08	75	1:38:16	85	1:30:51	100	1:23:17
409,09	55	1:55:06	65	1:39:06	75	1:31:35	85	1:23:55
410,19	60	1:56:18	70	1:40:07	80	1:32:28	90	1:24:41
410,79	60	1:56:54	70	1:40:38	80	1:32:55	90	1:25:05

Competitors should note that fractions of a second are hidden (example: 1'23.2" => 1'23" / example: 1'23.7" => 1'23")

STAGE 5
RT 5.5

KM TOTAL	AVERAGE SPEED H1	IDEAL TIME H1	AVERAGE SPEED H2	IDEAL TIME H2	AVERAGE SPEED H3	IDEAL TIME H3	AVERAGE SPEED H4	IDEAL TIME H4
412,48	40	1:58:35	45	1:42:05	50	1:34:11	60	1:26:13
412,81	55	1:59:05	65	1:42:31	75	1:34:35	85	1:26:33
414,81	60	2:01:16	70	1:44:22	80	1:36:11	90	1:27:58
415,20	50	2:01:39	55	1:44:42	60	1:36:28	60	1:28:13
415,94	50	2:02:33	55	1:45:31	60	1:37:13	60	1:28:58
416,95	50	2:03:45	60	1:46:37	65	1:38:13	65	1:29:58
417,41	50	2:04:18	55	1:47:04	60	1:38:39	60	1:30:24
417,82	55	2:04:48	65	1:47:31	70	1:39:03	70	1:30:48
419,03	50	2:06:07	55	1:48:38	60	1:40:06	60	1:31:50
419,87	65	2:07:08	75	1:49:33	85	1:40:56	90	1:32:41
420,73	60	2:07:55	70	1:50:14	75	1:41:33	85	1:33:15
421,93	55	2:09:07	65	1:51:16	70	1:42:30	80	1:34:06
425,07	65	2:12:33	75	1:54:10	85	1:45:12	90	1:36:27
426,17	60	2:13:34	70	1:55:03	75	1:45:58	85	1:37:11
426,77	55	2:14:10	65	1:55:34	70	1:46:27	80	1:37:37
427,67	55	2:15:09	65	1:56:24	70	1:47:13	80	1:38:17
428,59	50	2:16:09	55	1:57:15	60	1:48:01	65	1:38:59
429,04	55	2:16:41	65	1:57:44	70	1:48:28	80	1:39:24
429,43	50	2:17:07	60	1:58:06	65	1:48:48	70	1:39:41
429,98	50	2:17:46	60	1:58:39	65	1:49:18	70	1:40:09
430,70	55	2:18:38	65	1:59:22	70	1:49:58	80	1:40:46
431,39	50	2:19:23	60	2:00:00	65	1:50:33	70	1:41:18
431,63	55	2:19:41	65	2:00:14	70	1:50:47	80	1:41:30
432,39	50	2:20:30	60	2:00:57	65	1:51:26	70	1:42:04
433,13	50	2:21:24	60	2:01:41	65	1:52:07	70	1:42:42
433,57	50	2:21:55	60	2:02:07	65	1:52:31	70	1:43:05
434,74	65	2:23:20	75	2:03:18	85	1:53:36	90	1:44:05
435,58		2:24:06		2:03:58		1:54:12		1:44:39

Competitors should note that fractions of a second are hidden (example: 1'23.2" => 1'23" / example: 1'23.7" => 1'23")